

- sudden difficulty speaking or understanding what someone else is saying
- sudden balance problems
- sudden headache with no known cause
- drowsiness, nausea, vomiting, fainting, or seizure might also signal a stroke

The FAST acronym can help you remember the signs of a stroke:

- **Face:** Can the person smile?
- **Arms:** Can the person raise both arms?
- **Speech:** Can the person speak clearly and understand what you say?
- **Time:** Call emergency services immediately if they cannot

Question: What barriers do you run into when responding? Answer: The #1 road barrier is driveways. If you have a steep, eroded, or otherwise treacherous driveway, describe it to the 911 operator. Tell us if you have dogs or aggressive cats.

Question: Should we call 911 if one of us falls? Answer: YES. Even if you can get yourself up, you might have something else going on that needs attention. You might have a cranial bleed or head injury. Let us assess you.



Emergency responders Eric, Aaron, Dennis, and Abby at the Community Hall

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DIRECTORY OF SENIOR SERVICES FOR HALIFAX, FEB. 15 @11:00 AM IN THE HALIFAX CAFÉ

Last March 9th, 2024, Julie Holland from Windham Aging came to West Halifax to ask seniors what services they needed. Most of all we wanted to have all the info together in one place. Lesley Pollitt volunteered to lead the work, and now the **Halifax Senior Services Directory** exists! **Saturday, February 15, at 11:00 AM**, Lesley and her collaborators will present the directory and answer questions. Be there! Lunch will be on offer at the Café featuring soup, sandwiches, and baked goods. The Directory is available in the Town Office, online at <https://czresearch.com/directory>, and in the Café.

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FOOD CUPBOARD IN TOWN OFFICE. There is a new food cupboard in the foyer of the Town Office. Forget something at the store? In a pinch for something for tonight? Want to donate something shelf-stable? Drop in whenever the Town Office is open, 8am-3pm Mon-Tue-Wed-Fri.

FIREMEN’S NEWS. On January 7, six men and one truck responded to Readsboro to a mutual aid call for a structure fire.

On January 25 10 men and one truck responded to a motor vehicle crash on Route 112. One car over an embankment, no injuries, driver left scene on foot.

On January 27 seven men responded to a call of a woman with a head injury.

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SORROW

Catherine F. Harder, 97, a resident of Halifax, Vermont went to be with her Lord on December 31, 2024, in Brattleboro, Vermont. Cathy was born on June 4, 1927, in Malverne, New York. She loved socializing, politics, and her faith. She was the oldest member of the Halifax Bible Church and will be dearly missed by all who knew her. A church service will be held for Cathy at the Halifax Bible Church at 10:00 am on April 11, 2025.

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HALIFAX HISTORICAL SOCIETY FIRST ANNUAL TOWN PHOTO CONTEST

To celebrate our town's rich history, the HHS is holding a photo contest. This first year's photo contest subject features buildings of any kind in Halifax.

Rules for photo submission.

Each picture must be of a building in Halifax. Any building is eligible. This can include houses, community buildings, and working buildings like barns, shops and sheds. Even doghouses and chicken coops are ok. New photos rather than historic ones are preferred this time. Photos must be of the outside of the building only but can be of ANY part of the outside. Photos can show an entire building or a neighborhood or just a small part of a building detail. Be creative! Close-ups of doors and windows, steps, or even peeling paint can be very interesting. Recognition categories will be determined based on photos received and may include color or black & white, age groups, or whole buildings versus details.

You don't need to live in Halifax to participate. But the building must be in Halifax, and you must include the street name with the picture for it to be counted. You may want to seek permission to take the picture. Send photographs to: hhs.photo2025@gmail.com

Along with each picture, please include:

- Your name and email address
- The name of the town street where the picture was taken
- Any notes you want to include about why you chose that building or particular picture, or a description of what's in the picture
- Maximum 3 pictures per photographer, and the deadline for entries is **February 15**

Photos will be printed and displayed at the Community Hall in the spring, along with winners in each category, and should be ready for the town meeting in March.

Thanks for participating and have fun!

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There will be a total lunar eclipse the night of March 13–14, 2025. The Penumbral Eclipse begins Mar 13 at 11:57:28 p.m. EDT, just before midnight. **The full eclipse portion of the lunar eclipse will start at 2:36 a.m. EDT on March 14.** The full eclipse portion of the lunar eclipse will end at 3:31 EDT, and the penumbral phase at 6:00:09 a.m. for an overall duration of 6 hours, 3 minutes. But the exciting part, the total eclipse when the moon appears reddish and distinctly darker than the unobstructed full moon, lasts one hour and five minutes.

<https://www.timeanddate.com/eclipse/lunar/2025-march-14>

Pictured is the January full moon just before dawn on 1/13/2025. A moonbow casts rainbow colors in the clouds, and Mars can be seen as a point of light near the top of the lefthand apple tree.

THE BATTLE OF THE CHEFS: A CULINARY SHOWDOWN IN BRATTLEBORO (FRI., FEB. 14, 5PM-7:30PM)

What defines whether a city is small or large, cosmopolitan or traditional? Some may argue it's due to geographical landscapes, while others might cite population size. Regardless of whether a city is considered small, big, traditional, or trendy, one thing is certain: every community thrives on food, beverages, and the hospitality industry. Brattleboro is no exception, with an array of dining options ranging from food trucks to upscale restaurants, alongside a vibrant selection of gourmet establishments.

Typically, restaurants and local media work together to share information about dining and drinking options available to the public, helping residents make informed choices about where to eat and which culinary experiences to explore. Despite its size, Brattleboro boasts an impressive array of options—ranging from classic American cuisine to Thai, Chinese, Italian, Indian, Japanese, Mexican, and even a Peruvian restaurant. This diverse selection rivals that found in larger cities.



In a collaborative effort, Amaru Gourmet and BCTV have taken steps to delve deeper into the local food scene. Their initiative aims to showcase not only the dishes prepared by local restaurants but also the cultural stories and concepts driving these culinary creations. Chef Luis often shares, "Every dish tells a story, and every ingredient holds a memory." **This philosophy is central to their highly anticipated series: The Battle of the Chefs.**

Register online—first 30 registrants get to taste the dishes at Bar 580 for free! Register Tuesday, February 4th starting at 5 PM at www.amarugourmet.com/event-details/battle-of-the-chefs

So, what is this series all about? The concept emerged during a conversation between Chef Luis and Chef Lana of Halifax about expanding culinary narratives. Chef Lana suggested a "Clash of the Titans," which inspired the creation of The Battle of the Chefs—a friendly competition in which two chefs from distinct cultural backgrounds prepare unique dishes using the same ingredients in a shared kitchen. This series promises to illuminate the artistry and skill involved in the culinary process, offering viewers a glimpse into the often unseen world of chefs at work.

The inaugural episode will feature a showdown between Chef Luis and Chef Lana, serving as a pilot for the series. BCTV quickly recognized the value of this concept and its potential to engage the Brattleboro community. They have partnered with Amaru Gourmet to promote the series through various channels, including social media, television, and live streaming of the events.

Scheduled to coincide beautifully with Valentine's Day, known for its themes of love and affection, **this first episode will air live on February 14, 2025, from 5 PM to 7:30 PM at the Amaru Gourmet kitchen, located at 580 Canal Street, inside The Tavern.** The day harmoniously blends love and culinary competition, setting the stage for this exciting event. Plans are in place to host four to five similar events throughout the year, featuring local chefs and potentially even international culinary talents. Viewers can tune in to the live broadcast on BCTV via the following link: <https://www.brattleborotv.org/live/community-channel/> or on Comcast TV channel 1078. After the event, the recorded episode will be available at this link: <https://www.brattleborotv.org/videos/community/> and will regularly air on channel 1078. On the day of the event Feb. 14th, everyone will have the opportunity to judge and **vote online for the best chef.** To cast your vote, visit this link: www.amarugourmet.com/battle. "This series is not just about competition," We want to share the cultural narratives and creativity that shape each chef's journey." Join us for a Valentine's Day event

Halifax News

FEBRUARY 2025

CALENDAR

The Halifax Café* is open on Saturdays only for the winter.

We are offering an expanded lunch menu every Saturday—soup, sandwiches, casseroles!

- February 1, 2025** (Saturday): Halifax Café open 10:00am-1:30pm
February 4, 2025 (Tuesday): Registration for Battle of the Chefs opens 5pm
February 8, 2025 (Saturday): Halifax Café open 10:00am-1:30pm
February 14, 2025 (Friday): “Two Chefs, Two Cultures, One Kitchen!” on Brattleboro Community Television (on <https://www.brattleborotv.org/>) & at Bar 580
February 15, 2025 (Saturday): Halifax Café open 10:00am-1:30pm
" **Halifax Senior Services Directory talk** at 11:00 AM
February 22, 2025 (Saturday): Halifax Café open 10:00am-1:30pm
March 1, 2025 (Saturday): Halifax Café open 10:00am-1:30pm

* Contacts: Laurel LaurelACopeland@gmail.com or 210-488-1701 (text/call), Andrea at UnderwoodJones154@gmail.com



Connie Englert captured this shot of the Pannel Hill Cemetery expansion
Coyote and fisher were seen near Hanson Road – L Copeland



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